

# Getting ready for a home visit from your midwife

To keep your midwives safe when they visit your home, we ask you to:

01

Call to let us know if you or anyone in your home has symptoms of Covid-19 before we visit you at home



02



Open the window of the room where the midwife will be meeting you, so that it is well ventilated

03

It is important that the midwives and support staff don't touch too many surfaces in your home when they visit, so please open doors for them when they arrive and leave



04



Make space so the midwife can see you and your baby alone. Other members of the house should maintain social distancing (2m+)

05

The midwife will wear a mask when they visit your home. We ask that you and anyone else in the home also wear a face mask to protect you, your family and the midwife



THE ROYAL  
COLLEGE OF  
MIDWIVES

[www.rcm.org.uk/coronavirus](http://www.rcm.org.uk/coronavirus)